

# Iris Melanoma: Genetic Pathway, Staging, Histopathology, Clinical Features, Diagnostic Imaging, Treatment and Management

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DOI: <https://doi.org/10.52403/ijshr.20220707>

## ABSTRACT

**Introduction-** Iris melanomas mainly grow in the anterior chamber or along the iris surface, and by local extension; they commonly invade the anterior chamber angle and anterior ciliary body. Iris melanomas account for 2–3% of all uveal melanomas, with the diffuse variety accounting for about 10% of all iris melanomas.

**Methodology-** A systematic review is a technical tool that basically describes a more or less systematic way of collecting and synthesizing past research by integrating findings and perspectives from a variety of empirical findings. In this study, authors conducted a systematic assessment of 51 research articles on the subject of "Iris Melanoma" in order to examine and compare the various approaches and outcomes.

This comprehensive review summarizes all 51 research articles in the most accessible manner to discuss the Genetic pathway, Staging, Histopathology, Clinical features, Diagnostic Imaging, Treatment, and Management.

**Results-** Iris melanomas are discovered early and treated fast because they are apparent when they are little. As a result, patients with this tumor had a better prognosis than those with posterior uvea tumors.

**Conclusion-** Radiotherapy or surgical resection are usually used in this situation. A combination of radiotherapy and surgery may be employed in some circumstances. Conservative treatment is an excellent option for enucleation since it provides for effective tumor control locally.

**Keywords-** Iris melanoma, Diagnosis, Management, Stages, Eye-care.

## INTRODUCTION

Iris melanomas account for 2–5% of all uveal melanomas. The size, shape, degree of pigmentation, and clinical behavior of iris melanomas vary. Radiotherapy or surgical resection are commonly used in this situation. Incomplete tumor excisions can result in recurrence, hemorrhage, vitreous loss, displaced lens, iridocyclitis, macular edema, retinal detachment, glaucoma, and cataract. A combination of radiotherapy and surgery may be employed in some instances.(1)

The tumor size (thickness and basal diameter), as well as intraocular and extraocular expansion, are used to classify uveal melanoma. With pseudo melanomas, the differential diagnosis is made based on the tumor's appearance and location. When opposed to choroidal melanoma, iris melanoma has a better prognosis and a lower fatality rate. (2)

Iris melanomas mainly grow in the anterior chamber or along the iris surface, and by local extension, they commonly invade the anterior chamber angle and anterior ciliary body. (3) Iris melanomas account for 2–3% of all uveal melanomas,

with the diffuse variety accounting for about 10% of all iris melanomas. (4)

A recorded increasing melanocytic iris mass of nodular or flat structure with or without spreading of the tumor onto the surrounding iris and into the anterior chamber angle are clinical characteristics suggestive of iris melanoma. (5) Because most iris melanomas are identified when they are tiny and have a low grade cell type, a favorable prognosis is usually expected, with just 5% metastasis at 10 years. (4) The incidence of iris melanoma varies between 0.2 and 0.9 per million persons. (6) The incidence of iris melanoma has been growing in recent decades, according to the literature, which is most likely due to the impact of solar radiation. (7)(8) The prevalence appears to be unaffected by geographic location. (9)

In other age groups, however, there is no statistically significant variation in incidence between genders. (7) The most common cause of iris melanoma is a pre-existing nevus. (10) The majority of persons who acquire a Uveal Melanoma are between the ages of 50 and 70, however the tumor can also occur in younger people. (11)

### **Anatomy of Eye and Iris**

Iris blood vessels give nutrition and oxygen not just to the iris, but also to the entire anterior segment of the eye, thanks to numerous anastomotic linkages between arteries and veins.(12) Arterioles starting from the main circle and projecting radially from the base in the direction of the pupillary margin are visible on a typical iris angiography, with gradual thinning and a slightly twisted course.(13) The minor arterial circle of the iris is a vascular network formed of arteriovenous connections that can be seen next to the pupillary border. (14)In the stroma of the iris, veins are more numerous and deeply located, with a uniform distribution in the four quadrants similar to arterioles.(15)

### **Risk factors**

Iris melanomas are more common in the inferior area of the iris, where sunlight

exposure is the most prominent. Direct sunlight does not reach the choroid or ciliary body. (16) Important risk factors for iris melanoma metastatic disease have recently been discovered, including older age at diagnosis, tumor involvement in the anterior chamber angle, elevated intraocular pressure (IOP), and extraocular extension of tumor. (17) Large tumor size, conspicuous tumor vascularity, tumor seeding, high intraocular pressure, and tumor-related ocular consequences such as hyphema are all worrisome clinical signs that necessitate excisional biopsy in our experience. (17) A light-colored iris and skin colour have also been linked to an increased risk of iris melanoma. (10)

### **Genetic pathway**

The key regulatory route linked in melanoma is the RAS/RAF/MEK/ERK pathway, often known as the MAPK pathway (Figure-1). Cell growth, migration, differentiation, proliferation, and death are all regulated by this route.(18)

Binding of receptor tyrosine kinases (RTKs) or integrin adhesion between the cell membrane and the extracellular matrix can begin the MAPK pathway (ECM). By transforming RAS proteins from a GDP-bound state to a GTP-bound state, this binding activates them. RAS induces the phosphorylation of RAF proteins when it is activated. By phosphorylating MEK and, as a result, ERK, the activated form of RAF further stimulates downstream signaling. Activated ERK travels to the nucleus, where it controls the production of many transcription factors involved in cell cycle progression and differentiation.(19) Mutations in BRAF cause MEK and ERK to be activated all of the time. GTP disengagement from the RAS complex is caused by mutations in NRAS, resulting in constitutive activation of downstream signaling.(20)

As previously stated, NF1 tumor suppressor gene deletions result in uncontrolled cell proliferation and invasion.(21) Iris melanoma is caused by the deletion of chromosome 3 and

chromosomal region 9p21, which is analogous to the tumor suppressor gene CDKN2A. (22) Furthermore, investigations

suggest that the chromosomal changes seen in iris melanoma differ from those seen in posterior uveal melanoma. (10)

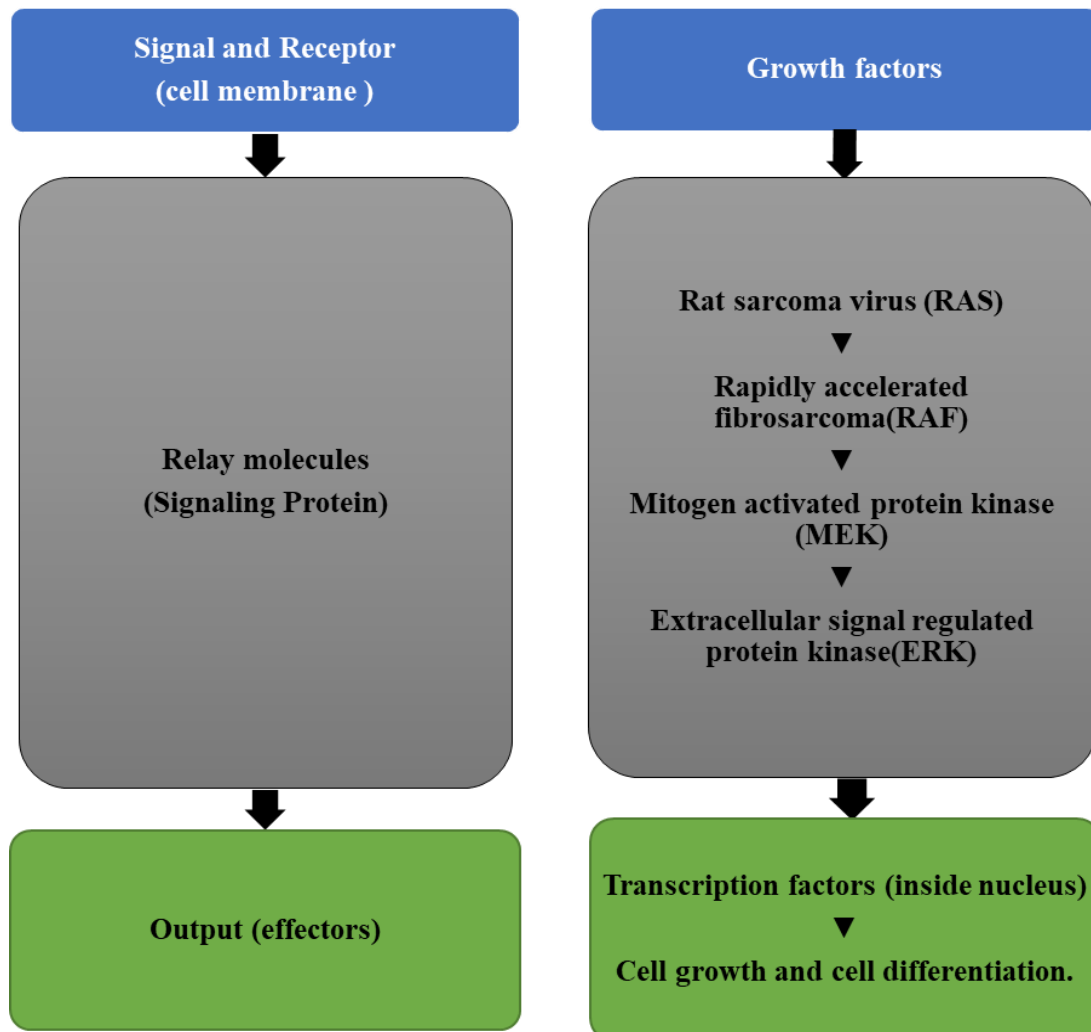


Figure 1: Schematic cellular events in MAPK pathway (mitogen activated signaling cascade)

### Stages

The TNM classification of the American Joint Committee on Cancer (AJCC), which is based on original tumour characteristics as well as the existence of regional nodal and distant metastases (DM), has been widely employed. (23)

The seventh edition of the American Joint Committee on Cancer–Union for International Cancer Control (AJCC-UICC) TNM system (Table-1), clinical and pathologic staging guidelines are based on a multicenter retrospective evaluation of more than 8000 patients and document tumor size and extension, secondary glaucoma, regional lymph nodes, and distant

metastasis: T0-No indication of the initial tumor. ; T1-Iris-limited tumor; T1a-Iris-limited tumor (not more than three clock hours in size); T1b-Iris-limited tumor (more than three clock hours in size); T1c-Iris-limited tumor with secondary glaucoma; T2-Tumor spreading into or confluent with the ciliary body, choroid, or both; T2a-Secondary glaucoma tumor that is confluent with or extends into the ciliary body, choroid, or both; T3-Tumor confluent with or extending into the ciliary body, choroid, or both with scleral extension; T3a-Tumor confluent with or extending into the ciliary body, choroid, or both with scleral extension and secondary glaucoma; T4-Tumor with

extraocular extension; T4a-Tumor with extra scleral extension <5 mm in diameter; T4b-Tumor with extra scleral extension >5 mm in diameter; (24) NX-It is not possible to analyze regional lymph nodes; N0-no regional lymph node metastases; N1-regional lymph node metastasis; MX-It is impossible to assess distant metastasis; M0-No distant metastases; M1-Distant metastasis, M1a-largest diameter of the largest metastasis (less than 3 cm); M1b-largest diameter of the largest metastasis (3.1-8.0 cm); M1c-largest diameter of the largest metastasis (greater than 8 cm);large

GX-It is impossible to assign a grade; Spindle cell melanoma (G1), mixed cell melanoma (G2), and epithelioid cell melanoma (G3) are the three types of melanoma. (25)(26)

**Metastatic spread**

Although metastatic illness in confined iris melanoma is uncommon, it is more common in DIM, possibly due to the epithelioid cells' low cohesiveness, which causes tumor dispersion on the iris and into the angle. (1) At the age of six years, the incidence was observed to be around 13%. (27)

**Table -1: Iris melanoma stages based on AJCC seventh edition classification (TNM)**

Category	Criteria	References
T category	<b>T1 Iris limited tumor</b>	(23),(24),(25), (26),(27)
	T1a Iris limited tumor (not more than three clock hour in size)	
	T1b Iris limited tumor (more than three clock hour in size)	
	T1c Iris limited tumor with secondary glaucoma	
	<b>T2 Tumor spreading into or confluent with the ciliary body, choroid or both</b>	
	T2a Secondary glaucoma tumor that is confluent with or extends into the ciliary body, choroid or both	
	<b>T3 Tumor confluent with or extending into the ciliary body, choroid or both with scleral extension</b>	
	T3a Tumor confluent with or extending into the ciliary body, choroid or both with scleral extension and secondary glaucoma.	
	<b>T4 Tumor with extraocular extension</b>	
T4a Tumor with extra scleral extension <5mm in diameter		
T4b Tumor with extra scleral extension >5mm in diameter		
NX It is not possible to analyze the regional lymph nodes.		(23),(24),(25), (26),(27)
N0 No regional lymph node metastasis		
N1 regional lymph node metastasis		
M category	MX It is impossible to assess distant metastasis	(23),(24),(25), (26),(27)
	M0 No distant metastasis	
	<b>M1 Distant metastasis</b>	
	M1a Largest diameter of largest metastasis (less than 3 cm)	
	M1b Largest diameter of largest metastasis (3.1-8.0 cm)	
	M1c Largest diameter of largest metastasis (greater than 8 cm)	

**Histological findings and histopathology**

Medina et al. suggested bending the needle tip to 90 degrees and entering the tumor obliquely rather than radially to reduce the likelihood of a negative biopsy.(28) Iris melanomas are less pigmented than choroidal and ciliary body melanomas and can range from entirely amelanotic to highly pigmented. Iris melanomas are classified into three kinds based on their histology: Spindle cell, mixed cell, and epithelioid cell melanomas are 3 kinds of melanomas. Spindle cells or epithelioid cells are seen morphologically. Nuclei with linear interdigitation linked to a chromatin strip, tiny nucleoli (spindle B cells), or no evidence of nucleoli are

identified in the first (spindle A cells). Epithelioid cells are bigger, polygonal cells with a defined cell boundary and copious, glassy cytoplasm.(29)In the literature, most reported iris melanomas are spindle cell melanomas, whereas diffuse iris tumors tend to be of the epithelioid cell type with a resultant higher risk of metastasis than circumscribed ones.(29)

**Clinical features**

Pigmentation may change between being heavily diffuse, variable or amelanotic. The areas of origin-from the most to the least frequent-are the peri-pupillary iris, the midzone and the iris periphery.(30)

They can extend to the anterior and/or the posterior chamber, commonly being limited

by the lens.(31) In sequential order, the most affected quadrant is the inferior (between the positions of 5 and 7 o'clock), followed by the temporal, nasal and then superior quadrant.(30) Ten percent of all iris melanomas are diffuse iris melanoma (DIM). DIM appears as a flat, infiltrating tumor with possible seeding that progressively changes the iris coloration and rate of invasion to the angle, resulting in a secondary glaucoma that responds poorly to hypotensive eye drops, causing severe disc cupping and functional loss. (31) According to Shields, to correctly diagnose an iris melanoma, the lesion should replace the stroma of the iris, should be larger than 3 mm in diameter and 1 mm in thickness and should present at least three of the following five features: photographic evidence of growth, secondary cataract, glaucoma, conspicuous vascularity and iris ectropion.(27)

Jakobiec and Silbert believe that ectropion uvea, vascularity, pupil distortion, involvement of the angle and glaucoma could be evident in other types of lesions (nevus or melanoma).(32) They propose only the involvement of the ciliary body as the most indicative aspect of malignancy, while Shields is of the opinion that documented growth is the most important sign to diagnose iris melanoma.(27) After the evaluation of 1611 eyes, Shields et al. constructed an ABCDEF guide(Table-2) to remember the risk factors that are predictive of iris nevus growth to melanoma, where A is age (young), B is blood (past episodes of hyphema), C is the clock hour (a tumor location from 4 o'clock to 9 o'clock), D is a diffuse configuration, E is ectropion and F is a feathery margin. These key clinical features help to identify iris melanoma at a time in which therapy could be life-saving. (27)

The main local clinical complications of iris melanomas are tumor vascularization (in terms of sentinel episcleral vessel and posterior iris feeder vessel), ectropion uvea, pupillary distortion, pigment dispersion, sector cataract, chronic uveitis , hyphema

and glaucoma with irreversible optic nerve damage.(32)

**Table 2: ABCDEF GUIDE to remember risk factors for iris nevus growth to melanoma constructed by Shields et al.**

Mnemonics	Risk factor	References
A	Age (young)	(27)
B	Blood (hyphema)	
C	Clock Hour (tumor location)	
D	Diffuse configuration	
E	Ectropion	
F	Feathery margin	

### Diagnostic Imaging

Anterior segment (AS) optical coherence tomography (OCT), and ultrasound biomicroscopy. These (UBM) are used in the differential diagnosis of iris cysts.(33)

These techniques are important in ruling out solid tumors such as nevus or melanoma.(34)Ultrasound Bio Microscopy (UBM) is a high-resolution ultrasound technique that allows noninvasive in vivo imaging of structural details of the anterior ocular segment at near-light microscopic resolution. It allows for a detailed assessment of anterior segment structures, allowing for the differentiation of solid iris lesions from iris cysts (acoustically empty), as well as the detection of anterior chamber angle and ciliary body involvement. Furthermore, a "lion's paw" look, described as a posterior extension of the iris circumscribed by the lens, might be seen during this examination.(35)

When imaging anterior segment lesions, AS-OCT is compared to UBM in the literature. Anterior Segment Optical Coherence Tomography, according to Hau et al., can be employed in mild iris tumors with low pigmentation, but UBM is recommended for ciliary body tumors and those with excessive pigmentation.(36)

Although vascular patterns of the melanocytic lesions were distinct from healthy tissue, no differentiating OCTA features were found between nevi and melanoma of either the conjunctiva or iris.(37)

Study showed that OCTA can be used in anterior segment ocular oncology, but better software and enhanced imaging techniques are needed before conclusions about its

clinical utility can be drawn. Imaging techniques that are not dependent on light (such as ultrasound biomicroscopy, using sound waves) may be more suitable to depict tumor size.(38) AS-OCTA may provide an additional parameter for differentiating disease (e.g., providing reassurance when no abnormal vessels are seen).With better techniques, a prognostic value of angiography may be established. (39) Some studies have described the technique in iris pathological conditions, such as rubeosis iridis and melanomas, using commercially available spectral domain OCTA.(40) Swept source technology, which is only used for research purposes. Swept source technology employed in AS-OCTA has demonstrated increased capacity of light penetration, and may be applicable in cases of densely pigmented iris.(41)

#### **Differential diagnosis**

Overall, iris melanoma has a better prognosis and lower mortality rate, with metastases occurring in just 2 to 7% of cases, with a greater rate (10%) if mixed cellularity or ciliary body involvement. (2) It might be difficult to tell the difference between benign and malignant iris abnormalities. Larger tumor size with a mean basal dimension of 6mm and 2.3mm thickness, seeding to other areas on the iris or adjacent trabecular meshwork, secondary glaucoma, secondary cataract, confirmed enlargement, and conspicuous vascularity are all characteristics that distinguish melanoma from nevus. (42)

#### **Treatment**

External beam irradiation is recommended when chemotherapy fails to provide adequate local tumor control. (43)

#### **Surgical excision**

Because many primary iris lesions have a favorable prognosis, many writers prefer to treat smaller iris tumors (those with a basal diameter of less than 3 mm) conservatively. (10)

At least 1 to 2 mm of safety margins must be resected. A partial lamellar iridocyclectomy with a more posterior

scleral flap, big incision, and excision of the entire iris mass surrounded by the normal iris and ciliary body may be preferred in cases of restricted malignancies with iris root invasion but no seeding. If the seeding is contained within one or two clock hours of the tumor, the entire mass and seeding are carefully removed, usually followed by the placement of a radioactive plaque at the resection site. (17)

Smaller tumors (diameter 5 mm) are more likely to be handled by surgery alone, according to Samira Khan et al., while larger tumors (diameter 5 mm) are more likely to be controlled by radiotherapy.(44)

#### **Proton beam and plaque radiotherapy**

If a charged particle accelerator is available, this approach is a common conservative alternative to brachytherapy or enucleation for the treatment of unresectable or diffuse iris melanoma and medium-sized or larger posterior melanomas. (2)

Plaque radiotherapy involves suturing a radioactive disc to the globe's surface for a period of time to allow radiation of the iris melanoma through the cornea. (45)

It can be given without prior resection, following a high-degree resection of a malignant iris melanoma, or when tumor cells reach the resection specimen's margin. (17)

#### **Irradiation therapies/ Brachytherapy**

It is also successful in the treatment of iris melanoma; however, it causes cataracts and eyelid scarring at a much greater rate. The plaques come in a variety of sizes and forms, and they must be 2 mm larger than the tumor's maximum basal diameter. (46). To radioactively charge the plaques, different isotopes with good tissue penetration are utilized. (2)

## **DISCUSSION**

The most crucial component in making a good diagnosis of Iris Melanoma is being aware of its clinical appearance. Careful surveillance of a lesion is the treatment of choice. (47)

Because the radiation dose provided to the tumor volume is homogeneous, plaque

radiotherapy is more suited than plaque brachytherapy. The dose supplied at the base of the irradiated tumor with brachytherapy is substantially higher than the required dose at the apex, resulting in an overdose at the base of the lesion. (5) A stromal nodule, ill-defined iris thickening, discomfort, iridocyclitis, or hyphema are all signs of iris metastases. (48) Iris cysts are most commonly found on the iris's periphery and in the lower quadrants, with a preference for the temporal area. Cysts cannot be distinguished from solid tumors by their anatomical location. There is no substantial rise in cyst size during long-term surveillance, indicating that these changes are benign and harmless. The majority of cysts are asymptomatic and don't need to be treated. (49)

Shields et al. presented a clinically based review of 40 cases of iris metastasis over a 20-year span in 1995, noting hazy vision, ocular pain, and eye redness as the patients' principal complaints. Secondary glaucoma, iridocyclitis, or tumor scleral invasion were all suspected causes of ocular pain. In the example at hand, ocular pain was assumed to be linked to secondary glaucoma and iridocyclitis. (50)

The most common presenting complaint in patients with iris metastases (32 percent) was ocular pain, according to a recent study by Shields et al.(50)

## CONCLUSION

Although the therapy choices for primary tumors, which rely on various surgical excision procedures and/or irradiation therapies, provide acceptable local tumor control, the treatment options for metastatic illness, despite being numerous, are still insufficient in preventing a catastrophic outcome. (2) Furthermore, a melanocytic iris nevus is usually monitored until it shows signs of advancement. Radiotherapy or surgical resection are usually used in this situation. A combination of radiotherapy and surgery may be employed in some circumstances. Conservative treatment is an excellent option to enucleation since it

provides for effective tumor control locally. Iris melanomas are discovered early and treated fast because they are apparent when they are little. As a result, patients with this tumor had a better prognosis than those with posterior uvea tumors. This could be due to posterior tumors' larger size and more malignant cytology. (51)

**Acknowledgement:** None

**Conflict of Interest:** None

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How to cite this article: Areeb Rehmani, Labishetty Sai Charan, Tara Rani et.al. Iris melanoma: genetic pathway, staging, histopathology, clinical features, diagnostic imaging, treatment and management. *International Journal of Science & Healthcare Research*. 2022; 7(3): 34-42. DOI: <https://doi.org/10.52403/ijshr.20220707>

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