Trousseau Syndrome Secondary to Carcinoma Gall Bladder: Case Report

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ABSTRACT

Trousseau syndrome is the phenomenon in which an occult visceral malignancy is the underlying cause of an unexpected thrombotic event. Trousseau syndrome has a wellestablished association with advanced primary pancreatic and pulmonary malignancies and others like prostate, stomach, colon, and hematologic malignancies can be associated. Here we report a case from whose initial presentation we thought that it was stroke, but later she developed DVT in both legs and after investigation it was suspicious of carcinoma gall bladder.

Keywords: DVT- deep vein thrombosis, VTE-venous thromboembolism, trousseau syndrome

INTRODUCTION

In 1865, Armand Trousseau defined trousseau syndrome as the phenomenon in which an occult visceral malignancy is the underlying cause of an unexpected thrombotic Initially, the most event. frequent description involved migratory thrombophlebitis [1-3]. After sometime; it included also chronic disseminated intravascular coagulopathy, micro angioplasty, verrucous endocarditis, and arterial emboli. Trousseau syndrome has a well-established association with advanced pancreatic pulmonary primarv and malignancies, approximately 20% and 24% respectively [4-6]. Others like prostate, stomach, colon, hematologic and malignancies can be associated.

Here we report a case from whose initial presentation we thought that it was stroke, but later she developed DVT in both legs and after investigation it was suspicious of carcinoma gall bladder. She was then referred to higher centre for further evaluation.

CASE REPORT

45year female not known case of hypertension diabetes mellitus and presented with gradual progressive painless bilateral loss of vision for last one week and fever for last 4 days in medicine OPD and the patient was admitted for evaluation. Fever was undocumented, not associated with chills and rigors, no evening rise of temperature. There was no history of weakness in any limbs, headache, altered sensorium, pain abdomen, altered bowel habits, loss of appetite and loss of weight. On general physical examination pallor was present on palpable conjunctiva. On eye examination visual acuity of both eyes was finger counting at 1 feet, pupil bilateral reacted normally, IOP of both eyes was normal, cornea was clear and fundus was within normal limit. On per abdomen liver was palpable 2cm below right coastal margin and rest of systemic examination was normal. Blood investigations were send. On investigations Hb-9.7, TLC-14 thousand, platelet count-two lakh eighty thousand, ESR-130mm, peripheral smearnormocytic normochromic anaemia, total bilirubin-0.2mg/dl, SGOT-176 IU, SGPT-127 IU, creatinine-1.18mg/dl and urine

microscopy examination was normal. HBsAg, Anti HCV and ICTC were non reactive. Urine culture and blood culture was sterile. Chest X-ray was normal. NCCT was done which show multiple infarcts in bilateral parieto-occipital region. After two days of admission patient complained of pain and swelling in left lower leg and also complained about pain right upper abdomen. USG Doppler was done which show left SFV, SFJ, popliteal vein shows echogenic lumen with non compressibility of vessel suggestive of DVT. On USG abdomen showed liver enlarged in size with multiple well defined rounded hypoechoic lesion in liver parenchyma giving appearance of target lesion suggestive of metastasis and gall bladder shows multiple calculi. Patient was worked for malignancy and started on enoxaparin and warfarin for DVT. Then patient was planned for CECT abdomen and it showed an exophytic mass arising from medial wall of gall bladder with local peri-portal and aortic lymph node enlargement noted-suspicion was of carcinoma gall bladder. The patient was referred for higher centre for further evaluation and treatment. Patient was diagnosed with carcinoma gall bladder at higher centre which was confirmed by the records on follow up.

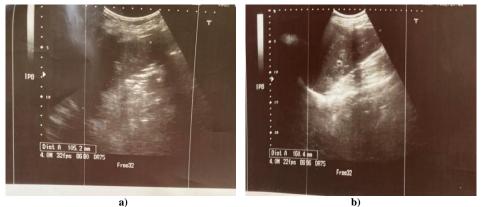


Fig.: a) and b) showing USG abdomen showing cholelithiasis and multiple hypoechoic lesion in liver



Fig: c) showed USG Doppler which show left SFV shows echogenic lumen.

DISCUSSION

Gallbladder carcinoma is relatively rare, and the incidence in the United States has been reported to range from 1.2-2.5 cases per 100,000 [7,8]. It most often develops in the sixth or seventh decade of life, and affects females three to four times more often than males. The etiology of gallbladder carcinoma is not known exactally. Cholelithiasis has been reported to occur in 75% to 92% of cases [7]. Other factors linked to gallbladder carcinoma cholecystoenteric fistulas, include: pancreaticobiliary junction, anomalous exposure to chemical carcinogens, inflammatory bowel disease, familial predisposition, chronic salmonella, and Mirizzi syndrome. Patients most commonly present with nausea, vomiting, weight loss, loss of appetite, pain abdomen and jaundice. On palpation, right upper quadrant tenderness can be present.

Cancer is a prothrombotic state which can lead to vascular complications, especially DVT and pulmonary embolism and venous thromboembolism [9]. Arterial thrombosis can also occur, including stroke and myocardial infarction [10].

The prothrombotic state in cancer involves procoagulant molecules produced by tumor cells, suppression of fibrinolytic activity and platelet activation [10]. Tissue factor (TF) expressed by tumor cells is most important procoagulant which present on neoplastic cells as well as on tumorassociated endothelial cells [11]. TF contributes to tumor growth, metastasis and angiogenesis by a variety of mechanisms [12]. Its expression is associated with increased angiogenesis, tumor invasiveness worsened prognosis in various and malignancies [13]. TF containing microvesicles secreted into the circulation the systemic coagulopathy of results cancer [10].

Anticoagulants are the mainstay of treatment of DVT caused by malignancy. Initial therapy LMWH and UFH are equally effective in reducing recurrent thrombosis in patients with cancer, but LMWH is associated with a 3 month survival benefit over UFH and also with a lower risk of heparin-induced thrombocytopenia [14].

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